

**Tasmania East Coast Explorer 4.5/5\***  
**October 2026 to March 2027**  
**8 Day Australian Itinerary**



(as at 14 Jan 26)

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**October 2026 to March 2027**  
**08 Day Australian Itinerary**

**Day 1**  
**Hobart/nipaluna**

**Tasmania/lutruwita** is the smallest of the Australian states and is renowned for having the cleanest air in the world. It is an island 240 kilometres from the mainland and surrounded by the turbulent Bass Strait, Southern Ocean, and Tasman Sea. The island is home to the Palawa people, the original custodians of the land. Its compactness makes it an ideal touring destination, as only relatively short distances separate its many attractions. Tasmania/lutruwita is a land of diversity with fertile plains and open bushland, mountains and valleys, rare flora and fauna, rustic ports, historic villages, and rich cultural heritage, all crammed into a comparatively small area.



Nestled between the River Derwent/Tarrakana and the majestic presence of Mount Wellington/kunanyi, **Hobart/nipaluna** seamlessly blends the charm and tranquillity of a bygone era with the energy and sophistication of a compact, contemporary city. The city's Indigenous history is grounded in a deep connection to the land, touched by the challenges of colonisation, yet strengthened by enduring cultural resilience. The city's European beginnings are evident everywhere, from quaint settlers' cottages to the lofty porches of colonial mansions. Once bustling with whalers and entrepreneurs, 19th-century sandstone warehouses now serve as dockside cafes, artist's studios, and restaurants, where visitors can enjoy excellent cuisine and fine wines. The nearby Port Arthur Historic Site, the rugged island beauty of Bruny Island, and the amazing vistas from the summit of Mount Wellington/kunanyi form some of the city's key attractions.



**Private Car/Driver Hobart International Airport to Hobart City Hotel**  
Operated by InStyle Chauffeured Limousines

**Accommodation at MACq 01 Hotel**  
Superior Hunter King Room for 4 Nights  
**Includes:** Full Breakfast

Situated overlooking the River Derwent and Franklin Wharf, each of the rooms reflects one of five Tasmanian character traits through its design and furnishing. Each room also tells the story of a character who exemplifies that trait, taking you even deeper into the psyche of this intriguing destination. All this in a setting of informal luxury, where everything you touch, in these exquisite over-sized rooms, is of the highest quality but without the pretence.



## Day 2 Hobart/nipaluna

### Half Day Wander Hobart Walking Tour

Operated by Localing Private Tours

#### **Includes:**

Morning or afternoon tea, admission and activity expenses.

On this 3 hour walking tour explore and get acquainted with the city through the eyes of a well-informed and connected local host. Wander the eclectic waterfront area of Sullivans Cove and historic backstreets of Salamanca and Battery Point. Learn about the city's humble beginnings and fascinating convict heritage as well as its rapid rise and recent acclaim as a major culinary and cultural destination. Stop in for a pastry and coffee in one of our favourite local bakeries. Chat with local makers about Hobart's emergent dining scene and the recent journey from conservatism to creativity. Walk the compact city streets of downtown, passing through local markets (on weekends) and stunning urban gardens. Admire street art, independent retail and plenty of stunning colonial architecture. Take an optional stroll through one of the many local galleries, maritime, antarctic museums or the Tasmanian Museum for some insight into the island's unique native fauna and the impact of its earliest industries. The exhibition about the 'Black War' between early colonists and the native Palawa/Pakana Aboriginal communities tells a harrowing and important story. At the conclusion of your tour, make your own way to your Hobart accommodation.

#### **Operates:**

**Valid 01 April 2026 to 31 March 2027**

**Duration:** 3 hours | **Months:** Year Round | **Days:** Daily

On request (9.00am or 1.00pm suggested start)

### Private Car/Driver Hobart City Hotel to Bonorong Wildlife Sanctuary

Operated by InStyle Chauffeured Limousines

#### **Private Premium Night Tour**

Operated by Bonorong Wildlife Sanctuary

**Includes:** Glass of bubbles, beer, cider or juice on arrival & general admission.

Start on your 3 hour tour with a glass of Tasmanian sparkling wine or fruit juice. Observe and interact with the curious native wildlife during their natural waking hours. Enjoy an extensive session on Tasmanian devils where you meet them, learn their names; hear their individual stories and little known facts about this amazing, and endangered species. Hand-feed wonderful creatures like Eastern quolls, tawny frogmouths and sugar gliders. A special highlight is meeting our mob of friendly Forester kangaroos. Meet some incredible survivors as many of the animals are recovering from injury or are orphans. Your visit is helping to return them to the wild. At the end of the tour, please make your way back to your accommodation.

#### **Operates:**

**Duration:** 3 hours | **Months:** Apr, May, Jun, Jul, Aug, Sep | **Days:** Daily

**Starts:** 5.15pm | **Ends:** Between 8.15pm

**Duration:** 3 hours | **Months:** Oct, Nov, Dec, Jan, Feb, Mar | **Days:** Daily

**Starts:** 5.30pm | **Ends:** 8.30pm

**Does not operate:** Christmas Day (25 Dec)



### **Private Car/Driver Bonorong Wildlife Sanctuary to Hobart City Hotel**

Operated by InStyle Chauffeured Limousines

#### **Day 3 Port Arthur**

### **Full Day Port Arthur & The Tasman**

Operated by Localing Private Tours

**Includes:** Hotel pick up and drop off, morning tea, cafe style lunch, bottled water, local treats, standard tasting, admission and activity expenses.

On this 9 hour tour you will begin by crossing the river Derwent and travelling along the stunning Tasman Highway through charming countryside, past lagoons and estuaries, islands and forests. Stop at Eaglehawk Neck for fresh coffee and cake with a breathtaking view across The Neck, past Pirates Bay all the way to Cape Hauy – dramatic coastal cliffs and jagged rock formations. Visit various sites on a range of short walks along the coast including, the Tessellated Pavements Tasman Arch and Remarkable Caves. For those keen on an exceptional hiking experience, Crescent Bay is one of Tasmania’s great short walks and is extremely beautiful. Enjoy a charming local lunch of fresh Tasmanian produce at the lavender farm overlooking the Southern Ocean. The Port Arthur Historic Site is something of a ‘must-see’ when visiting Tasmania. It is the world’s largest and most significant convict site in Australia and the perfect place to learn about this important period of colonial history. There are scheduled group tours and a boat experience on the site but for next-level insight, opt for a private guide (additional cost). This region has plenty more to offer. On the day you might prefer to visit a local winery and oyster farm to sample local produce or even take an extended boat or helicopter tour to see the beautiful Tasman Peninsula from a different angle (additional costs). At the conclusion of your tour, you will be return to Hobart and be transferred to your Hobart accommodation.

#### **Operates:**

**Duration:** 9 hours | **Months:** Year Round | **Days:** Daily

**Starts:** 8.00am (Summer), 9.00am (Winter)

**Ends:** 5.00pm (Summer), 6.00pm (Winter)



## Day 4 Hobart/nipaluna

### Morning Hobart City Kayak Tour

Operated by Roaring 40s Kayaking

**Includes:** Double sea kayak, padding equipment, warm weather protection gear, Fish & Chip snack.

Nestled between river and mountain, Hobart has one of the most picturesque harbour's in the world. Enjoy a 2.5-hour city paddle and be taken behind the scenes of the vibrant, working waterfront to discover the true heart of Hobart. Glide past prestigious homes, marvel at tall wooden sailing ships and keep an eye out for Sammy the resident seal. Your discovery of Hobart would not be complete without some locally caught fish and chips from the city's famed floating fish punts. Enjoy them with the best view in town - straight from your kayak!

**What to Bring:** Hat, sunglasses, comfortable casual clothes and water

#### **Operates:**

**Duration:** 2 hours and 30 minutes | **Months:** Oct, Nov, Dec, Jan, Feb, Mar | **Days:** Daily

**Starts:** 10.00am | **Ends:** 12.30pm

**Does not operate:** Christmas Day (25 Dec)

### Hobart to Mona MR-1 Return Fast Ferry (Posh Pit) + Entry

Operated by MONA - Museum of Old and New Art

**Includes:** 1 x Booking Fee compulsory group single

Posh Pit ferry ticket Hobart to MONA including drinks, canapés, bar and private deck, same day return, MONA admission.

Travel by fast ferry from Hobart to Mona located on the banks of the Derwent River north of Hobart city. Sheep and tiger seats to sit on, enjoy complimentary drinks, canapés, bar and private deck, ravishing

river and mountain views to admire enroute. Mona - The Museum of Old and New Art was built by David Walsh to house his collection of ancient, modern and contemporary art. Mona is Australia's largest private museum with three levels of underground galleries. On arrival there are 99 steps up to the entry to Mona. Your admission is included. When you have completed your self-guided tour of the Museum make your way to the wharf for your return ferry to Hobart.

*Note: The jetty at Mona isn't wheelchair or pram accessible.*

**Operates:**

**Duration:** 25 to 30 minutes (Ferry Only each way) | **Months:** Year Round | **Days:** Mon, Thu, Fri, Sat, Sun

**Ferry Departures from Hobart:** 9.15am, 10.15am, 11.15am, 12.15am, 1.15pm, 2.15pm, 3.30pm, 4.30pm, 5.30pm\*

**Ferry Departures from MONA:** 9.45am, 10.45am, 11.45am, 12.45pm, 1.45pm, 3.00pm, 4.00pm, 5.00pm, 6.30pm\*

*\*Summer only*

**Does not operate:** Christmas Day (25 Dec)

**Day 5**

**Hobart/Nipaluna to Freycinet National Park**

**Full Day One Way East Coaster - Hobart to Freycinet**

Operated by Localing Private Tours

**Includes:**

Hotel pick up and drop off, morning tea, cafe lunch, bottled water, local treats, standard tasting, admission and activity expenses.

On this 7 hour experience, take your time and savour a fabulous journey along Tasmania's East Coast through historic Richmond, the Coal River wine region and charming seaside villages. If you are partial to an early tippie, choose to start the day with a tour and tasting at Sullivan's Cove – producer of the World's Best Whiskey (additional cost). Stop for morning tea in the charming historic town of Richmond. Hear a few curious tales from early Tasmania at the site of Australia's oldest (and quite possibly its loveliest) bridge. The East Coast is one of Tasmania's best wine regions, producing exceptional local pinot and chardonnay among other varieties. Visit a cellar door or two to chat with winemakers and enjoy tastings and views of the vines. Enjoy an exceptional local lunch at one of the regions stunning vineyard restaurants. The route along the east coast towards Freycinet offers up farm-fresh oysters, spirits and regional produce with plenty of options to suit your tastes. The views of the coast and countryside are always lovely and sometimes spectacular so be sure to keep your cameras handy. Arrive at your accommodation in Freycinet by 4.00pm.

**Operates:**

**Duration:** 7 hours | **Months:** Year Round | **Days:** Daily

**Starts:** Departs Hobart at 9.00am | **Ends:** Arrives Freycinet at 4.00pm

## Freycinet National Park, Tasmania

**Freycinet National Park** is home to dramatic mountains, secluded bays, white sandy beaches and abundant birdlife. The Park occupies most of the Freycinet Peninsula and looks out to the Tasman Sea from the eastern side and back towards the Tasmanian coastline from the west. Freycinet National Park is loaded with natural assets, including the pink granite peaks of the Hazards Range that dominate the Peninsula and the iconic Wineglass Bay. The short trek to Wineglass Bay lookout is a bit of a scramble but it's well worth it for one of Tasmania's most photographed views.



### Accommodation at Saffire Freycinet

External Room for 2 Nights

#### **Includes:**

Full breakfast, lunch and dinner daily, mini bar (refreshed daily), selected beverages, Saffire activities.

The property connects with its environment of Freycinet National Park and Wineglass Bay to generate an authentic, enriching, rejuvenating and uplifting experience. Distinct in its design, exclusive in its features and set apart by its approach to tailored, one-on-one experiences and service, the property's approach is not constrained by traditional five-star ratings and standards. Dedicated to providing quality and unforgettable experiences, indulgent and self-selected dining options, it inspires an overall sense of wellbeing and relaxation. Saffire is a beautiful, boutique property that will not disappoint.

**Note:** *Saffire Airport Lounge is available for guests arriving into and departing from Hobart Airport. It is open daily from 9.00am to 5.00pm.*

#### **Complimentary Experiences**

Saffire Freycinet's complimentary range of activities gives you options for every mood and every moment. Lasting from one hour to three hours, these activities are your opportunity to engage and connect with Freycinet's stunning natural wonders and attractions. They are provided on a shared basis with fellow guests at scheduled times.

## **WITH A GUIDE:**

### **Beekeeping Experience**

Guests can don a full-body apiarist suit and venture into a nearby private apiary, with hives overlooking the Hazards Mountains. With the safety and guidance of Saffire Horticulturalist, guests will not only approach the hives, but extract honeycomb to witness the breathtaking natural phenomenon of honey-making by Tasmanian bees

### **Freycinet Marine Oyster Farm**

Don a pair of waders and visit a working oyster farm located in a beautiful setting within an internationally significant wetland and ornithological site. Develop an understanding for wetland and marine ecology, plus a taste for prized Pacific oysters.

### **The Tasmanian Devil Experience**

Offers you the rare opportunity to encounter Tasmanian devils in a natural setting and to participate in the quest to save this endangered species from extinction. Led by your knowledgeable guides, you'll visit Saffire's free-range Tasmanian devil enclosure, where you'll meet some of our resident population of Tasmanian devils and observe them as they feed and interact.

### **Wineglass Lookout Walk**

Freycinet National Park is a must see during your stay at Saffire Freycinet. Join one of our informative guides on a walk to the lookout over Wineglass Bay. Learn about the Peninsula's rich history and acquaint yourself with one of the world's most famous beaches on this two-hour walking adventure.

### **Waubs Harbour Distillery Tour**

Tour Waubs Harbour Distillery, the world class maritime Tasmanian single malt whisky distillery set on the edge of the ocean in Bicheno. Be taken behind the scenes at Waubs Harbour, guided through the whisky production process, sampling local ingredients throughout the experience. Guests will also taste a range of Waubs Harbour whiskies from both their current range and also from the founder's personal collection, in Waubs Harbour's new ocean-view tasting room, complemented by a platter of fresh, local produce.

### **Freycinet Bays and Capes Walk**

Join one of our guides for an easy two-hour tour, which combines two of the popular shorter walks of the Freycinet Peninsula. Your first walk will be around the Cape Tourville lighthouse, with stunning views of the Tasman Sea and glimpses of Wineglass Bay. The second walk is to Sleepy Bay, where you will descend gently graded steps to the rocky shoreline, while learning about how the Hazards mountain range was formed.

### **Connection to Country Walk**

Take a coastal stroll along the beach from Saffire with our indigenous guide Mick Quilliam. Discover the history of the Oyster Bay people, taking in the beauty of the coastal tracks and rock platforms and the wonders of the fauna and flora right on our doorstep. Sample local bush tucker, learn about tools and foraging and gain a greater understanding of time gone by and your own connection to country.

### **Perfectly Paired at Craigie Knowe Vineyard**

The Craigie Knowe Vineyard proudly boasts the title of the oldest vineyard on the east coast of Tasmania. During your personalised tour, you'll gain insights into the cultivation and production process that sets Craigie Knowe wines apart. You'll witness firsthand the careful nurturing of the vineyard's grapes, from bud to bottle. Enjoy the remarkable wine, cheese, and chocolate pairings that Craigie Knowe Vineyard has to offer.

## **FOR THE PALATE:**

### **Cooking demonstration**

Love your food? Watch, learn and participate as one of Palate's creative and delicious dishes is prepared from start to finish. This is an interactive, must-do activity for lovers of luxury.

### **Cocktail Mixology**

Meet in the Lounge for a mixology masterclass, where we will show you how to muddle, stir and shake up your favourite classic cocktails, as well as share some Saffire exclusive innovations.

## **AT YOUR LEISURE:**

### **Mountain biking**

We'll equip you with a bike, plus all the accessories you'll need for a comfortable and memorable self-guided adventure.

### **Kayaking**

Paddle in the calm and tranquil waters of Muirs Beach wetland, located directly in front of Saffire Freycinet. Sit-on-top kayaks are available to paddle at your leisure behind the windswept sand dunes amongst coastal bushland.

### **Fishing**

Go fishing off the rocky shoreline in front of Saffire. Flathead, flounder, calamari squid and Australian salmon can be caught in Great Oyster Bay.

### **Beach games**

Test your competitive skills on beautiful Muirs Beach, located directly in front of Saffire. We offer a large range of activities including volleyball, beach cricket, kite flying, bocce, quoits and ultimate frisbee.

### **Golfing**

If golf is your sport, Saffire Freycinet is blessed with several picturesque, challenging and enjoyable nine-hole courses within two to 35 minutes' drive. Saffire will happily provide golf clubs and bags and even assist with transport on request.



## **Day 6** **Freycinet National Park**

Included Touring Arrangements

## **Day 7** **Freycinet National Park to Launceston**

### **Private Car/Driver Saffire to Launceston City Hotel**

Operated by InStyle Chauffeured Limousines

### **Launceston**

**Launceston** and its river valley blend history, scenery, creativity, adventure, entertainment with the superb flavours of fine food and wine. Launceston is a city of elegant architecture and award-winning restaurants, while the lush Tamar Valley is Tasmania's premier wine-growing region. The northern section of the Tasmanian Wine Route follows the banks of the Tamar River and heads into the nearby hills of the Pipers Brook area. The region's superb Sauvignon Blancs and Chardonnays can be sipped in stunning riverside locations, beautiful gardens or alongside award-winning architecture.



### **Accommodation at Peppers Seaport Launceston**

River View Studio for 1 Night

A luxury waterfront hotel situated at the heart of Launceston's Old Seaport Dock area where the North and South Esk Rivers meet, surrounded by restaurants and cafes. It is a 5 minute walk to the city centre. Built on the site of the old dry dock, this stylish and contemporary accommodation is design in the shape of a ship, giving it a distinct nautical ambience. The hotel offers boutique contemporary accommodation with superb views out over the Tamar River towards Cataract Gorge.



**Day 8**  
**Depart Launceston**

**Private Car/Driver Launceston City Hotel to Launceston Airport**  
Operated by InStyle Chauffeured Limousines

**End of your arrangements**

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**October 2026 to March 2027**  
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**Travel Validity Dates:** 29 September 2026 to 31 March 2027

**Child Policy**

- 7-12 years of age - 50% of above costs if utilising existing bedding, 75% of costs if requiring an extra bed

**Validity:**

All rates are in nett Australian dollars (AUD\$) and are valid for travel during the seasonality dates shown above. Should existing Government charges change or new charges be introduced prior to travel, we reserve the right to requote. Rates are not valid over special event periods when surcharged rates and/or minimum stays may apply. All tours must be started and completed within the validity dates of the rates shown for the specific rate to be applicable. Travel that crosses between rate validity, or where there is a seasonality note, will be subject to a special quotation. All prices are subject to availability of the specified services and contracted rates at the time of booking.

**Special Events:**

**MACq 01 Hotel**

**Valid 01 April 2026 to 31 March 2027**

**Festive Season:** 27 December 2026 to 02 January 2027 - Includes surcharge.

**Wooden Boat Festival:** 04 to 07 February 2027 - Blockout

**Saffire Freycinet**

**Valid 01 April 2026 to 31 March 2027**

**Festive Season:** 19 December 2026 to 10 January 2027 - Includes surcharge

**Note:** *No arrivals or departures are permitted on 25 December 2026.*

**Peppers Seaport Launceston**

**Valid 01 April 2026 to 31 March 2027**

**Agfest:** May (Dates TBC) – Minimum 2 night stay, includes surcharge

**Festive Season:** December/January (Dates TBC) - Minimum 2 night stay, includes surcharge

**Festivale:** February (Dates TBC) - Minimum 2 night stay, includes surcharge

**Mona Foma:** February (Dates TBC) - Minimum 2 night stay, includes surcharge

**Launceston Cup:** February (Dates TBC) - Minimum 2 night stay, includes surcharge

**Targa Tasmania:** March (Dates TBC) – Minimum 2 night stay, includes surcharge

**Supercars:** March (Dates TBC) - Minimum 2 night stay, includes surcharge

**Cost Includes**

- 6 breakfasts (Day 2, 3, 4, 5, 6, 7), 3 lunches (Day 3, 5, 6), 2 dinners (Day 5, 6)
- InStyle Chauffeured Limousines - Hobart International Airport to Hobart City Hotel
- 4 Nights at MACq 01 Hotel - Superior Hunter King Room Includes Full Breakfast
- Localing Private Tours - Half Day Wander Hobart Walking Tour
- InStyle Chauffeured Limousines - Hobart Inner City Transfer
- Bonorong Wildlife Sanctuary - Private Premium Night Tour
- InStyle Chauffeured Limousines - Hobart Inner City Transfer
- Localing Private Tours - Full Day Port Arthur & The Tasman
- Roaring 40s Kayaking - Morning Hobart City Kayak Tour
- MONA - Museum of Old and New Art - Hobart to Mona MR-1 Return Fast Ferry (Posh Pit) + Entry
- Localing Private Tours - Full Day One Way East Coaster - Hobart to Freycinet
- 2 Nights at Saffire Freycinet - External Room Includes All Meals, Mini Bar, Selected Beverages, Activities
- InStyle Chauffeured Limousines - Saffire/Coles Bay to Launceston City Hotel
- 1 Night at Peppers Seaport Launceston - River View Studio Room Only
- InStyle Chauffeured Limousines - Launceston City Hotel to Launceston Airport

- Government Goods and Services Tax of 10% (GST)
- Travel Wallet

**Cost Excludes**

- Supplier surcharges when date/time of service required occurs on a public holiday or outside of standard hours
- Both international and internal Australian flights (unless otherwise specified)
- Optional tours and services
- Meals other than those specified above
- Beverages
- Gratuities
- Items of a personal nature (e.g. telephone calls, mini bar, laundry, etc.)
- Travel insurance (cancellations, loss of deposits, delays, etc.)

**Important Notes**

- All itinerary components are subject to change without notice
- All inclusions are subject to availability at the time of booking
- The itinerary is subject to the operation of individual touring components. Certain tours may need to be alternated

# Travel Tips

From the Outback to the Reef, Australia is a land of great diversity. It offers stunning scenery, spectacular white sand beaches and a wide range of interesting and unique animals. Take a journey with us through this magnificent land.

## Business Hours

General retail trading hours throughout Australia are Monday to Friday 9.00am – 5.00pm. Saturday is either 9.00am - 12 noon or through to 5.00pm. Sunday shopping is available in most city centres and suburban malls. Please check with your Hotel Concierge for local information on trading hours.

## Currency

The Australian dollar is the basic unit, divided into 100 cents; coins are 5c, 10c, 20c, 50c, \$1, \$2 and notes are \$5, \$10, \$20, \$50 and \$100. Due to the discontinuation of 1c, 2c pieces, purchases made in Australia are subject to "rounding" of amounts either up or down. Most retailers have adopted the 'Swedish Rounding System' whereby prices ending in 1 to 4 cents will be rounded down and prices ending in 6 to 9 cents will be rounded up.

## Banking/Travellers' Cheques

Banks open Monday-Friday (except public holidays), 9.30am-4.30pm. Automatic teller machines operate on a card/PIN number system. Cash can be withdrawn 24 hours a day. Use of EFTPOS (Electronic Funds Transfer at Point of Sale) is common. All international credit cards (American Express, Diners, VISA, and MasterCard) are accepted. Travellers' cheques may be changed at banks and hotels.

## Goods & Services Tax (GST)

Goods and Services are taxed 10%. This tax is usually included in the advertised price.

## Tipping Guidelines

In Australia tipping is generally not customary and is only exercised as a genuine thank you for receiving great service. There is no obligation to tip, although the practice is common within the restaurant and tourism transport industries.

### Tips for good service:

1. Restaurants, a tip of about 10% is generally sufficient for good service with 15% for exceptional service.
2. Luggage Porters AU\$2.00 per piece.
3. Coach drivers and guides receive for touring (not transfers) around the AU\$5.00 per person per day, however tips should not be given for average or below average service/driving or commentary.
4. Private Drivers for transfers should be only tipped for excellent service (around AU\$10-20 total). The same applies for touring with a Driver/Guide, with tips for excellent service being anywhere from AU\$40-100 depending on the level of service.
5. Small group touring should be only tipped for excellent service (around AU\$20 per person).

## Electricity Supply

Australia's electrical current is 220/240 volts accepting 3-pin plugs. An adaptor can be used but it is important to note that they do not convert voltage. Universal outlets for 240v or 110v shavers are usually found in leading hotels.

## Emergencies

Dial 000 for police, fire or ambulance services.

## Telephone Local Area Codes

Australia uses 8-digit local phone numbers preceded by a 2-digit STD area code.

02 Central east region (NSW) New South Wales, (ACT) Australian Capital Territory

03 South east region (VIC) Victoria and (TAS) Tasmania

04 Mobile telephones Australia-wide

07 North east region (QLD) Queensland

08 Central and west region (WA) Western Australia, (SA) South Australia and (NT) Northern Territory

For example, if you are calling Canberra in the ACT from interstate, first dial the STD area code 02, then dial the local phone number.

## Health Services

Public and private health facilities have a high standard of treatment and care. Larger hotels often have a local doctor on call; otherwise, doctors and other medical services are listed in the front of the local telephone directory.

## **Pharmaceuticals and Medicines**

These are available from chemists/pharmacies during normal shopping hours. Most cities have urgent dispensaries open outside these hours and your Hotel Concierge will have a list of these. Chemists also sell cosmetics, insect repellent and sun protections.

## **Climate**

The southern parts of Australia have four distinct seasons, the opposite of those in the northern hemisphere. When it is winter in Europe and North America, it is summer in Australia. You will hardly see snow, apart from the mountainous regions in eastern Victoria and southern New South Wales. Australia's north is in the tropics which has two seasons, the dry and the wet; both have high temperatures year round. The centre has a typical desert climate, hot days and cool , which can be very cold in winter.

## **Sun Protection**

Due to Australia's high level of ultraviolet radiation it is highly advisable to wear sun protection such as sunglasses and/or a sun hat and to apply sunblock (SPF 30+) even when the day is overcast.

## **Water Supply**

Tap (faucet) water is safe to drink. City water is chlorinated; most water is fluoridated. Water sourced from rivers and lakes should be boiled or treated before drinking.

## **Time Differences, Time Zones and Daylight Saving**

Australia's East Coast is 10 hours ahead of GMT (Greenwich Mean Time) during the months of April to September (Standard Time) each year. With a land mass close to 7.7 million square kilometres, Australia is the world's sixth largest country and during Standard Time it is divided into three separate time zones.

### **Time Zones:**

#### ***Australian Eastern Standard Time (AEST)***

Covers the eastern states of Queensland, New South Wales (with the exception of the town of Broken Hill), Victoria, Tasmania and the Australian Capital Territory.

AEST is equal to Coordinated Universal Time plus 10 hours (UTC +10).

#### ***Australian Central Standard Time (ACST)***

Covers the state of South Australia, the town of Broken Hill in western New South Wales and the Northern Territory.

ACST is equal to Coordinated Universal Time plus 9.5 hours (UTC +9.5).

#### ***Australian Western Standard Time (AWST)***

Covers Western Australia.

AWST is equal to Coordinated Universal Time plus 8 hours (UTC +8).

### **Daylight Saving:**

Daylight Saving Time (DST) is the practice of advancing clocks one hour during the warmer months of the year. In Australia, Daylight saving is observed in New South Wales, Victoria, South Australia, Tasmania and the Australian Capital Territory.

Daylight Saving Time begins at 2.00am on the first Sunday in October, when clocks are put forward one hour. It ends at 2.00am (which is 3.00am Daylight Saving Time) on the first Sunday in April, when clocks are put back one hour.